

Bio

Saint Patrick's Day

10-11-12

- > Corned Beef + Cabbage + Beer
- > St Patrick = Roman British (died at 73 y.o.)
 - accused from taking expensive gifts from rich women
 - charged lots of \$ for baptisms
- > 8th century - 700 years later he = patron Saint of Ireland
 - to assimilate conquered lands w/o the need of occupying force
- > Why 37.5 million claim Irish ancestry?
- > Mid-1800's = huge influx of Irish into U.S.
 - due to potato famine
 - o due to climate changes: from warm to freezing by 1400 (for 400 yrs)
- > Vikings find Great Banks w/ tons of cod
 - they use cod for trade
- > Warmer climates near mediterranean = more food, kids, labor.
 - 1000 - 1400 AD
- > 1400 AD + weather becomes colder, wetter, unpredictable
 - Northern + Central Europe can't grow warm weather crops
 - Lots of people, food shortages; wealthy/holy = fine
- > Adaption - cold weather crops must be grown
 - Apples, Rye, Barley, Hops, cabbage, beets, potatoes, carrots
- > Preservation req.
 - Pickling, Fermentation, Salting, Root Cellars
 - Everything gets pickled
- > Cows not producing milk; thus, used to make corned beef (pickled beef)
- > Adaption } and Pigs = easy to feed
 - Wheat bread → Rye Bread
 - Pasta/Rice → Potatoes
 - Wine → Beer
 - Fish/chicken → Beef + Pork

- > Storage wet + cool
 - Grains would develop Ergot (mold)
 - After making bread, hallucinations occurred
 - St. Anthony's fire = hallucinations
 - 40-60K executed for being a "witch"
- > Diet = meat + potatoes (in Northern Europe)
- > Ireland = perfect climate for potatoes
- > Protista destroys potato crops, causing hunger
 - 1 million died
 - 1.5 million immigrate to U.S.
 - They cluster in different parts of U.S.
 - Settling in as officers, silverminers, etc.