

## Diagnostic Thinking

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- weight gain + edema
- exertional dyspnea but clear lungs
- Edema - entire DDx
- pallor
- Heart- HTN, but lungs clear
- Liver - no stigmata
- Kidneys - not anasarca
- Nutrition - rare in US
- high BP + Hx HTN
- tachycardia
- S4 gallop
- RFs for CAD
- ex smoker

Dyspnea

- Heart (HTN? Pericardium?)
- Lungs (smoker)
- Anemia (pallor)
- Restriction (abdomen)
- Deconditioning
- Tachycardia

Component 2/Unit 4-3

## Some Techniques for Diagnosis

- Systematic
- e.g. VINDICATE, organ - Heuristics
system
- Anatomic
- e.g. chest anatomy
- Pathophysiologic
- e.g. bilirubin metabolism
- Pattern recognition
- e.g. NDM
- when you hear hoofbeats, look for horses, not zebras
- Mathematics
- Baye's Theorem
- SpIN, SnOUT
- Mnemonic
- Temporal patterns
- PT Barnum Loves Kids
- acute, subacute, etc
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## Patterns of Data in Diagnosis Especially Neurologic Diagnosis

- Topographic pattern
- locate lesion in nervous system
- peripheral nerves, plexus, spine, brain
- Temporal pattern
- pace of appearance and resolution of symptoms
- pathophysiologic process
- Clinical context - the company it keeps
- other symptoms (e.g. fever)
- comorbidities (e.g. valvular heart disease)
- past Hx (e.g. smoking)


 $\begin{array}{ll}\text { Component 2/Unit 4-3 } & \begin{array}{c}\text { Heath IT Workforce Curriculum } \\ \text { Version 2.0/Spring 2011 }\end{array}\end{array}$

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## Heuristics: Rules of Thumb

- Err on the side of life
- When you hear hoofbeats, think of horses, not zebras (unless you're at the zoo...)
- You are more likely to see an uncommon case of a common disease than an uncommon disease


## Mathematical Approaches

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- Bayes' theorem
- SpIN \& SnOUT
- PPV and LR+
- ROC curves
- Decision Rules
- Well's criteria for PE
- strep throat, sinusitis
- Decision Analysis
- Utility of Dx/Tx Component 2/Unit 4-3 $\begin{gathered}\text { Health IT Workforce Curiculum } \\ \text { Version 2.0/Spring 2011 }\end{gathered}$ | Component 2/Unit 4-3 | $\begin{array}{c}\text { Health IT Worfkorre Curriculum } \\ \text { Version 2.0/Spring 2011 }\end{array}$ |
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- cognitive errors
- heuristics and biases $\qquad$
- Strength:
- "fast and frugal $\qquad$ heuristics"
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