

### Learning Objectives

- Learn definition of group communication and tiered characteristics of groups
- Explore goals, norms, and cohesiveness of groups
- Address stages of team communication
- Introduce communication networks and sociograms

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# Small Group Communication Characteristics Interdependent members Common goal or purpose Verbal and nonverbal components Size

- Varies depending on goal
- Between 5 and 12 members
- Value of odd number

#### Northcuse LL, Northcuse PG, Health communication: strategies for health professionals. 3<sup>st</sup> ed. Stamford: Appletor and Large; 1998, p. 198. Component 19/ Unit 8 Vestor 20 Spring 2011

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- Attempt to accomplish something individuals cannot accomplish by themselves
- Three key elements
  - 1. Creating a sense of ownership
  - 2. Developing team synergy
  - 3. Becoming performance-based

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## Factors Contributing to Group Cohesiveness and Outcomes

· Goal clarity

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- Similarity among group members
- Democratic leadership styles
- Higher group cohesion yields benefits
  - Increased interaction
  - Ability to influence other group members
  - Increased goal orientation
     Northouse LL, Northouse PG. Health communication: strategies for health professionals. 3<sup>rd</sup> ec Lange; 1989, p. 201.
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#### Team Stages and Communication

- 1. Orientation
- 2. Conflict
  - Procedures for getting work done
  - Group norms
- 3. Cohesion

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- Agreement on goals and objectives

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The material for this unit has been adapted from the following sources:
 Northouse LL, Northouse PG. Health communication: strategies for health professionals. 3<sup>rd</sup> ed. Stamford, CT: Appleton and Lange; 1998.
 Wright KB, Sparks I, O'Hair HD. Health Communication in the 21<sup>st</sup> Century. Malden: Blackwell Publishing; 2008.

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