

Middle age status symbol -

- Considered to be a symbol of royalty
- Reubenesque! Peter Paul Ruben 1577-1640
- Paul Reubens aka PeeWee Reubens

Evolution booboo!

- not a direct process
 - does not make "perfect organisms"
 - Change takes time

So what changed?

- agriculture = calories are easy & cheap & store year around
 - but your genes are in "hunter-gatherer" modes
 - we have calories available 24/7
- the results are unpredictable! "Fat"