

H2N1 / Swine flu

Bird flu + Human flu



Swine flu



Humans → Humans

A cocktail of avian, swine, human flu

Symptoms - fever, cough, sneeze, breathing trouble, ^{loss of} appetite

Contracted by inhaling particles
Can NOT get by eating pork

How do you protect yourself?

- wash hands
- education (including your kids)
- Be healthy
 - Sleep
 - diet
 - exercise
 - stress
 - exposure